



# Norfolk Explorer Scouts

## Baden Powell Award | 2012

### *Information Pack*

**i.SCOOUT**  
**FOR ADVENTURE**



# Welcome to **BPA** | 2012...

## What is BPA?

BPA is a multi-activity adventure competition for Explorer Scouts aged 14 – 18 in Norfolk. The event is held as close as possible to Baden Powell's birthday. The 12 hour event focuses around several zones where teams undertake several activities known as 'stunts' in order to earn valuable BPA points. As part of the challenge teams must successfully navigate and find their way to different zones around the playing area. The team at the end of the competition with the most points is the winner and gets to take home the coveted BPA Trophy. Oh, and if that wasn't enough this all takes place overnight in the middle of winter!

## Where & when?

This year BPA is taking place in an exciting new location on the Holkham Estate in North Norfolk overnight on **Saturday 18<sup>th</sup> February 2012**. Full details of exactly where you need to meet on the night and directions will be sent out closer to the date, so make sure you provide your email address on the consent form. We are grateful to the Holkham Estate for allowing us to use this unique and we are working closely with the Estate team to put on several new and unique activities this year.



**HOLKHAM ESTATE**

[www.holkham.co.uk](http://www.holkham.co.uk)

## I've heard there's no 'I' in Team, is this true?

Correct. BPA is all about teamwork and you will need to work together as a team to gain the maximum amount of BPA points on activities. Teams should consist of 4 to 6 individuals, ideally with some members who have an idea of how to use a map and compass. Teams need to be prepared to walk around in the dark for most of the night whatever the weather, try something new and take part in different activities. Most of all though, you need to be prepared to have fun and challenge yourself!

## **I'm a Network member, can I take part?**

Yes. The event is open to Network teams and teams of leaders.

## **How much does it cost?**

The cost to take part is **£12 per person**. This needs to be paid by cheque (payable to Norfolk County Scouts) by **6<sup>th</sup> February 2012**. We work hard to make sure we can run BPA as cheaply as possible and don't worry every penny is spent back on running the event and putting on lots of exciting activities.

## **Do I need to complete a Consent Form?**

Yes. Completed consent forms for all team members need to be returned with your money to the address below by **6<sup>th</sup> February 2012**. Unfortunately without a consent form you cannot take part in the event. Consent forms and money should be sent in together as a team. We only have space for 30 teams so make sure you register as soon as possible to guarantee your place. Please send your money and consent forms by **6<sup>th</sup> February 2012** to:

**BPA | 2012**

**Attn: Simon Atha**

**134A Nelson Street**

**Norwich**

**NR2 4DS**

All communication for BPA|2012 will take place by email so make sure you provide an email address so you don't miss out on important updates prior to the event.

## **Will the event be safe?**

Of course. Safety is the number one priority and we use experienced and suitably qualified leaders to run activities. First Aid is on hand throughout the event and all participants must pass a kit check at the start of the event to ensure they are fully prepared to take part.

## Who's responsible for the Nights Away Notification?

The responsibility for making sure everyone taking part complies with the Scout Association's 'Nights Away' rules lies with the Explorer Leader of those attending. Leaders need to make sure the necessary notification forms are completed and that the requirements of a Nights Away permit are met. If Explorers are attending without adult supervision, then they will need an Event Passport.

## I have a question, who do I contact?

If you require any further information or have any questions please contact:

**Simon Atha**

BPA|2012 Event Organiser

Norfolk County Scouts, Eaton Vale, Church Lane, Norwich, NR4 6NN

**E:** [simonatha@gmail.com](mailto:simonatha@gmail.com)

**T:** 07791 805125 or 01603 446479

*“10 bins, 4 planks of wood, 3m of rope oh and a river full of crocodiles... Does this sound like your normal Saturday night?”*



## Kit List

It will be cold, it may be wet, and there may even be snow. Therefore in true Scouting style you need to be prepared for BPA|2012. At the start of the event our safety team will check your kit to make sure you have the right equipment to be able to safely compete in the competition. **If you are missing kit you may not be able to take part in BPA and points will be deducted from your team.** It shouldn't be that hard to sort yourself out and with a bit of organisation, begging, stealing and borrowing you should be able to get hold of all the items on the list below. Although, if you are having any problems please get in touch.

### *Personal Equipment*

- Necker (to be worn during the event)
- Walking Boots (trainers or wellies are not appropriate)
- Socks (thick wool socks and thin inner pair are ideal)
- Trousers to walk in (jeans are not appropriate)
- Base layer (a warm thermal top or other wicking material)
- Mid layer (fleece top or other thick warm garment)
- Waterproof jacket (with hood)
- Waterproof trousers
- Hat (wool or fleece ideal)
- Gloves (waterproof if possible, or other thick warm material)
- A complete change of clothing in a sealed bag
- Watch
- Torch & spare batteries (preferably a head torch)
- Rucksack (of appropriate size to contain all kit)
- Waterbottle, full (approx 1 litre)
- Sealed emergency rations (chocolate, sweets etc.)
- Plastic/camp mug
- Sleeping bag & roll mat (to be left in a bag at the start, with your name on)

## ***Team Equipment***

- Pencil & paper
- 2 x Compasses
- 2 x OS Explorer 251 Norfolk Coast Central Map (& map cases if relevant)
- Whistle
- Small First Aid kit
- Box of matches (ideally waterproof)
- Survival bag (orange style)
- Lightweight stove, fuel and pans (mess tins are ideal)
- Mobile phone (at least one per team)



# BPA|2012 Consent Form



All fields MUST be completed

<b>Team Name:</b>			
<b>District:</b>		<b>Explorer Unit:</b>	

<b>Name:</b>			
<b>Address:</b>			
<b>Telephone:</b>			
<b>Email:</b>			
<b>Date of Birth:</b>			

<b>Emergency Contact Name:</b>	
<b>Address and telephone number of Emergency Contact during the event (if different from above):</b>	
<b>Date of last tetanus jab:</b>	
<b>Medicines currently being taken:</b>	
<b>Name &amp; Address of Doctor:</b>	
<b>Details of any special dietary requirements:</b>	
<b>Allergies:</b>	

Participants should carry their own medication, clearly marked for their use and dosage. They should know how to administer this treatment. Another member of the team should be made aware of any medical condition and how it should be treated.

I understand that the Leader reserves the right to send any participant home if necessary. If it becomes necessary for the above named young person to receive medical treatment and I cannot be contacted to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Leader in charge to sign any document required by the hospital authorities.

Photographs may be taken at this event and used for publicity within the guidelines of the Scout Association (this could include use on a website). If you are NOT happy for pictures of your son/daughter to be used in this way please tick this box:

I give permission for my son/daughter to take part in BPA | 2012.

<b>Signed:</b>	<b>Date:</b>
<b>Relationship to participant:</b>	