# **Personal Challenge**







### How to earn your award

To earn this award, you need to complete two personal challenges that you agree with your Leader. You should choose one of the challenges and your leader will choose the other



For more information or additional support contact us on c.meadows@norfolkscouts.org.uk

**Chief's Scout Bronze Award** 

## **Personal Challenge**

How to earn the badge:

Complete all the challenge awards. They are:

- My World Challenge Award
- My Skills Challenge Award
- My Outdoors Challenge Award
- My Adventure Challenge Award
- Teamwork Challenge Award
- Personal Challenge Award

Do any four activity badges or staged activity badges.

## **Teamwork Challenge**



### How to earn your award

- 1. Take part in at least four different team games.
- 2. Work with other Beaver Scouts to make something or complete a challenge or activity together.
- 3. Show your leader that you are a helpful team member.
- 4. Take part in at least two Log Chews.
- 5. Be a leader in an activity or captain of a team.
- 6. Show that you are a good friend.

## **My Adventure Challenge**



#### How to earn your award

- 1. Try two adventurous activities. You could try:
- archery
- bouldering
- zipwire or aerial runway
- climbing
- crate stacking
- grass sledging
- swimming
- pedal go-karts.
- 2. Take part in six other outside activities. You could try:
- following a trail
- building a den
- having a go on an obstacle course
- roasting marshmallows on a fire or BBQ
- building a sculpture using sand, snow or mud
- playing water games
- flying a kite you have made
- 3.Go on a ramble or nature walk with a purpose.
- 4.Learn the Green Cross Code and show that you can cross a road safely.

### **Link Badges**







## **My World Challenge**



#### How to earn your award

- 1. Learn about what makes up your local community and meet someone who serves your community such as a police officer, lifeboat crew, a coastguard, fire fighter, youth worker or nurse.
- 2. Complete an activity to help people in your local community. This could be carol singing at a local care home, repairing paths at a nature reserve or helping to clear a garden for someone with a disability.
- 3. Take part in at least one activity that reflects England, Northern Ireland, Scotland, Wales, or your part of the UK. These could be: dance and music, craft, festivals, food, sports and activities.
- 4. Find out about, and take part in, an act of worship, reflection or celebration.
- 5. Discuss your Beaver Promise to do your best and how your Promise can help remind you to do good things in your community.
- 6. Do at least one activity to help you learn about the natural world around you. These could be: pond dipping, mini-beast hunting, growing something from seed, leaf printing, or something similar agreed with your leader.
- 7. Take part in an activity from another country. You could learn your Promise in another language, make a dish from another country or create some artwork inspired by another country.

### **Link Badges**







## **My Skills Challenge**



#### How to earn your award

- 1. Show a new Beaver how to play a game you know and like.
- 2. Take part in three activities on how to keep your body fit and healthy: looking after your teeth, foods that are good and bad to eat, exercise, You could also do something else which you agree with your leader.
- 3. Do two creative activities. You could paint a picture, make a card, act or mime, play a musical instrument, make a model from salt dough, or make up a dance
- 4. Learn a new song and sing it.
- 5. Learn and use at least three of these skills:
- learn your own address and a phone number
- tie your shoelaces
- decorate some cakes or biscuits
- set an alarm clock to get up at the right time in the morning
- fold or roll your scarf
- make your bed
- keep your bedroom tidy
- light a candle
- 6. Invent a machine and show other Beavers how it works.
- 7. With a team, complete at least two problem- solving missions set by your leader.
- 8. Go somewhere new. Then find out five facts about something new.

### **Link Badges**







## **My Outdoor Challenge**



#### How to earn your award

- 1. Go on a sleepover or a camp with other Beavers, and do at least two of these:
- help put up a tent
- collect wood and help to build a fire
- cook something on a fire
- sing songs around a fire
- · wash up after dinner
- set up your bed and sleeping bag
- play a wide game
- 2. Learn how to tie three simple knots.
- 3. Show that you:
- know what to do if someone has an accident
- know why it is important to tell an adult when an accident happens
- can do simple first aid for someone who has a cut or bruise
- 4. Take part in an activity using natural things like leaves, bark, twigs, sand or rocks.
- 5. Point out and name five different types of animal, insect, bird or fish that you might find near where you live. Find out about the food they eat and the places they might live.
- 6.Make something to help animals in the wild. It could be a bird box or a bug hotel.

### **Link Badges**



