Do at least one activity to help you learn about the natural world around you. These could be: pond dipping, mini-beast hunting, growing something from seed, leaf printing, or something similar agreed with your leader.

This can be anything that links to the natural world. They could grow sunflowers, cress, or a tree outside your meeting place. You could go on a hike and hunt for animals or go in search for mini-beasts in the local woods. You can do tree rubbings or see how many different leaves you can find in the autumn.

Take part in an activity from another country. You could learn your Promise in another language, make a dish from another country or create some artwork inspired by another country.

### **Brazil**

**Promise**—I promise on my honour, To do my best possible to comply with my duties, To God and my Country, To help fellow humans on every and any occasion and to obey the Scout Law

**Dish**—Recipe for homemade brigadeiros, a traditional Brazilian chocolate truffle made with cocoa powder and condensed milk rolled in chocolate sprinkles. <a href="https://www.laylita.com/recipes/traditional-brazilian-brigadeiros/">https://www.laylita.com/recipes/traditional-brazilian-brigadeiros/</a>

#### **Artwork**



For more information or additional support contact us on c.meadows@norfolkscouts.org.uk





### My World Challenge badge



Badge requirements

- 1. Learn about what makes up your local community and meet someone who serves your community such as a police officer, lifeboat crew, a coastguard, fire fighter, youth worker or nurse.
- 2. Complete an activity to help people in your local community. This could be carol singing at a local care home, repairing paths at a nature reserve or helping to clear a garden for someone with a disability.
- 3. Take part in at least one activity that reflects England, Northern Ireland, Scotland, Wales, or your part of the UK. These could be: dance and music, craft, festivals, food, sports and activities.
- 4. Find out about, and take part in, an act of worship, reflection or celebration.
- 5. Discuss your Beaver Promise to do your best and how your Promise can help remind you to do good things in your community.
- 6. Do at least one activity to help you learn about the natural world around you. These could be: pond dipping, mini-beast hunting, growing something from seed, leaf printing, or something similar agreed with your leader.
- 7. Take part in an activity from another country. You could learn your Promise in another language, make a dish from another country or create some artwork inspired by another country.

## Find out about, and take part in, an act of worship, reflection or celebration.

#### Visits

- Norwich Synagogue http://www.norwichsynagogue.org.uk/
- Norwich Cathedral—https://www.cathedral.org.uk/visit/group-visits
- Norwich central mosque—Email: info@norwichmuslims.org.uk

### Celebrations & Reflections

- St George's Day
- Remembrance service
- Take in a part in a Scouts Own
- Hold a thanks giving reflection where the beavers create a poster about all the things they are grateful for.

# Discuss your Beaver Promise to do your best and how your Promise can help remind you to do good things in your community.

The Beaver Scout Promise

I promise to do my best To be kind and helpful And to love God.

You can get the Beavers to split the promise up, to do our best, to be kind, to be helpful and to love God (Make adjustments if your Beavers do an alternative promise). You can then ask them how they are working towards their promise

Learn about what makes up your local community and meet someone who serves your community such as a police officer, lifeboat crew, a coastguard, fire fighter, youth worker or nurse.

You can have a look at what is around in the local community. Maybe ask the Beavers if they know what is around their local community.

You can have members of the local emergency services come and speak to you. You could link it in to a safety talk.

Complete an activity to help people in your local community. This could be carol singing at a local care home, repairing paths at a nature reserve or helping to clear a garden for someone with a disability.

See what is available in your local community, speak to the local council. However, you could see if the local care home would like some visitors, the beavers could do some arts and crafts with the service users. You can do a litter pick, clean up the local community.

Take part in at least one activity that reflects England, Northern Ireland, Scotland, Wales, or your part of the UK. These could be: dance and music, craft, festivals, food, sports and activities.

Let's focus on Norfolk:

Food—Try some Cromer crab or Brancaster mussels

Craft—basket weaving, jewellery making

Dance—you could try some warrior dancing from the Iceni tribe.

Or if you want to try something different, you could focus on the Saint days:

St Andrews day— you could try haggis, neeps & tatties. You could also get the Beavers to design their own kilt colours.