

TOD
sullivan

Safe, connected, and heard...

The principles of emotional healing
through meaningful relationships

"Tod helped me to understand my
mental health for the first time"

"inspiring and
engaging"

"forward thinking
and dynamic...
inspirational and
encouraging"

"a natural
leader... a
statesman"

"the most
dynamic and
accessible
explanation of
mental health I
have ever heard"

Training days and
courses for teams
& individuals

Conferences and
keynote talks

Personal coaching
and learning

access

Your Community Your Trust

01502 527200

info@feedbackhealth.co.uk

Tod is a 2018 Churchill Fellow, a former Mayor of Lowestoft, Council Opposition Leader, and Councillor, he has lead teams in commercial media, social care, and within the mental health sector.

He is Lowestoft's first Mental Health Ambassador, bringing together people with lived experience of mental health to share their stories and reduce stigma. He created and chaired the first Mental Health Hustings in the 2017 General Election.

Tod shares his lived experience, and the learning from his Winston Churchill Memorial Trust fellowship where he visited Boston MA, Washington DC, and Oregon and Washington states.

He continues to work directly with vulnerable people in local homeless projects, engages on local and national policy, and has created multiple peer networks for shared learning and experience.

Tod has worked with private companies, individuals, and across the public sector in delivering mental health and resilience training. He is available to work with you or your organisation to deliver bespoke training packages, conferences, 1-2-1 training and support, team building, and business strategy.

All of Tod's talks will include the successful 'understand mental health in five minutes' section but will be unique to each audience.

Conferences and keynote talks

Tod is available to address your conference or to manage and plan conferences for your organisation. This includes some free public conferences across Norfolk and Suffolk. Conferences can include other speakers relevant to content and can cover health and wellbeing, resilience, and commercial or sales focused work.

Training days and courses for teams & individuals

Staff members, teams, or entire organisations can connect with Tod for bespoke training days, personal development, problem solving, commercial and human resource strategy, community development and recruitment.

Personal coaching and learning

Having motivated and inspired colleagues and conference delegates there are some opportunities to work with Tod on personal development.

Tod has been providing line management, training and development, and coaching for 20 years, supporting people to progress in their careers or to move careers, he has also provided support to families and individuals.

Find out more...

To find out more and to discuss what Tod can do for you contact using the email or telephone details below, or connect with him on twitter @todjsullivan. We are passionate about sharing learning with support available to individuals and organisations to make sessions effective and affordable.



access

Your Community Your Trust

01502 527200
info@feedbackhealth.co.uk