

# Module D – Understanding Behaviour

To achieve Module D, YLs need to undertake all four activities and then complete their YL Log Book.  
You should allow 75 minutes to complete this PoP.



## Aims to help Young Leaders:

- Understand different types of behaviour
- Discuss causes underpinning behaviour
- Identify how YLs can help manage behaviour

## Activity One – Discussion and Reflection

This activity helps YLs to think about how different situations can make them feel and how it affects their behaviour.

Two leaders will role play in this activity.

One leader will be asking the role play questions.

The second leader will answer the questions.

[Click here to download Resource C.](#)

1. The leaders conduct the interview whilst the YL's watch and try to gauge how the mood of the leaders could affect running an activity at a Scout meeting.
2. The interviewer then highlights a few of the questions and answers and asks the YL's to share their thoughts on how activities could be affected by the mood of a leader.  
e.g. If a leader is tired, they may be short tempered - ask the YLs how could this impact the activity.

## Activity Two – How Would You React

This activity helps YLs to reflect how behaviour and communication styles can affect others.

1. Provide each YL with a Coloured Lace to tie knots at the same time as the leader is instructing them.  
[Click here to download Resource D](#)
2. The leader will start by demonstrating how to tie a Double Coin Knot, using long-winded instructions. Both the verbal instructions and physical demonstration need to be of a high speed, so that the YLs lose focus as they cannot follow the process. The leader shouts and ridicules them for not being able to keep up with or understand the instructions.
3. Untie all laces and ask the YLs how they felt. Answers may include: confusion, disengagement, upset and frustration.

4. The second time the leader ties the same knot, but uses a step by step method, paced so that the YLs can achieve tying the Double Coin Knot and presented in an encouraging manner.
5. Regroup. Discuss how the leader's attitude to the task impacted on their own thoughts and feelings.

## Activity Three – Flip it to a Positive

Explain that by phrasing statements positively rather than in a negative manner, YLs can gain greater success when faced with challenging behaviour.

1. Split the YLs into section-based groups. Provide each group with the Flip it to a Positive Handout and ask them to discuss how to rephrase the statements to make them sound positive and then complete the boxes on the Handout.  
[Click here to download Handout D.](#)
2. Regroup. Ask each group in turn to present two of their positive statements to the other groups.

## Activity Four – Mock Trial

This activity looks at the potential reasons affecting young people's behaviour and how YLs could use appropriate methods to respond to their behaviour.

1. Split the YLs into section-based groups. Provide each group with the Mock Trial Scenarios.  
[Click here to download Handout E.](#)
2. Ask the groups to review the scenarios relevant to their section, following the Case Study instructions. YLs discuss their thoughts with the leaders who are circulating around the room and joining the groups.

## Resources:

- Paper
- Pens
- Resource C – Role Play Questions
- Resource D – Double Coin Knot Instructions
- Handout D – Flip it to a Positive
- Coloured Laces
- Handout E – Mock Trial Scenarios



If you have any questions, please contact Liam (ACC -YL) by emailing: [lsegust@norfolkscouts.org.uk](mailto:lsegust@norfolkscouts.org.uk)

For more information or alternative activities [click here](#) for a link to the Preparing to Lead YL delivery book.