

**Invent a machine and show other Beavers how it works.**

Ideas:

Get the young people to bring in some junk, such as, cereal boxes, plastic bottles, etc. Get them do a junk modelling session with the theme of a new machines. Get them to build it then explain to a leader what it is.

Alternatively, you could get them to draw a picture of a new machine and then explain it.

**With a team, complete at least two problem- solving missions set by your leader.**

Jigsaw puzzle – You could either get a couple of giant puzzles, a couple of small ones or print off a picture and cut it up. I would suggest no more than a 25-piece kit. Get each group to solve the jigsaw puzzle together.

Problem solving sheet—See the sheet on toys. You can get the Beavers to solve the sheet together and get them to reorder the toys on the shelf.

Birthday line up—You can get them to speak to each and create a birthday line up. Starting with January, get them to make a long line with their birthdays in order.

**TOYS**

- The boat is on the middle shelf.
- The skipping rope is on the top shelf.
- The car is on the bottom shelf.
- The ball is next to the boat.
- The teddy is in between the boat and the car.

**8. Go somewhere new. Then find out five facts about something new.**

Time to go on an adventure. You could link this to a camp or take them on a visit somewhere like the zoo or the Sea Life centre. You could go for a walk and give each Beaver a sheet or booklet and get them to fill these out as you walk around.

For more information or additional support contact us on [c.meadows@norfolkscouts.org.uk](mailto:c.meadows@norfolkscouts.org.uk)



**My Skills Challenge badge**



**How to earn your award**

- Show a new Beaver how to play a game you know and like.
- Take part in three activities on how to keep your body fit and healthy: looking after your teeth, foods that are good and bad to eat, exercise, You could also do something else which you agree with your leader.
- Do two creative activities. You could paint a picture, make a card, act or mime, play a musical instrument, make a model from salt dough, or make up a dance
- Learn a new song and sing it.
- Learn and use at least three of these skills:
  - learn your own address and a phone number
  - tie your shoelaces
  - decorate some cakes or biscuits
  - set an alarm clock to get up at the right time
  - fold or roll your scarf
  - make your bed
  - keep your bedroom tidy
  - light a candle in the morning
- Invent a machine and show other Beavers how it works.
- With a team, complete at least two problem- solving missions set by your leader.
- Go somewhere new. Then find out five facts about something new.

### **Show a new Beaver how to play a game you know and like**

It's a great idea if you pair a new beaver with one of the older beavers on their first meeting. Then ask the beaver what game they would like to play and get this Beaver to explain the game to the new Beaver.

### **Take part in three activities on how to keep your body fit and healthy:**

**looking after your teeth, foods that are good and bad to eat, exercise.**  
**You could also do something else which you agree with your leader.**

There are a series of things that you can do for this:

**Teeth**— You can check out the activities on <https://www.twinkl.co.uk/resources/health-and-wellbeing-pshce-subjects-key-stage-1/healthy-living/teeth> . There are loads of great worksheets for the Beavers. To work through.

**Food**—Firstly, you could get them to draw their favourite meal. Then get them to talk about why is it their favourite. You could give them different types of food and say why it is good and bad. Then turn it into a game. The Beavers need to run to either side of the room (Good or Bad), depending on whether the food you've shouted is healthy or not.

**Exercise**— You can run a few different exercises for the Beavers. See how many times they can do jumping jacks in a minute, do a small shuttle run for them or maybe even. If you have contacts, you could always see if you can get hold of a heart rate monitor and get the Beavers to see what their heart rate is. Maybe compare them to yours if you are happy for them to see it.

### **Do two creative activities. You could act or mime, play a musical instrument, make a model from salt dough, make up a dance, paint a picture, make a card**

A few easy ones here:

**Make a card** – you could link this to Mother's Day, Father's Day or any religious event such as Christmas.

**You could make an act or mime** – You could get them to work in groups or an adult or young leader and make a small act about why they love coming to Beavers. Alternatively, you could get them to act out a campfire sketch <https://www.11thnuneaton.org.uk/campfire-sketches.html>

**Make a model from Salt Dough** – make any model they want, you provide the dough and let their imaginations run wild.

**Paint a picture** – easy one but here are some ideas. A fireworks picture on bonfire night, an Easter egg at Easter or just let them paint a picture of whatever they want.

### **Learn a new song and sing it**

You can teach beavers new campfire songs, have a look for examples here website: <https://thefifth.org.uk/links/campfire-songbook/>

### **Learn and use at least three of these skills:**

**learn your own address and phone number, tie your shoelaces, decorate some cakes or biscuits, set an alarm clock to get up at the right time in the morning, fold or roll your scarf, make your bed, keep your bedroom tidy, light a candle**

Split the beavers into 4 groups and have four bases with each having an activity that can be done in the meeting place (light a candle, fold or roll your scarf, decorate some cakes or biscuits, tie shoe laces). Then get them to rotate around the room so that they get to do all 4. Alternatively you could get the child's parent/carer to evidence the activities done at home.