

Norfolk Scouts “Scout in the House” Challenge

This challenge sheet has been produced to use during the Covid-19 lockdown.

How many Beavers, Cubs, Scouts, Explorers, Networkers and Adult Volunteers will join in Norfolk Scouts “Scout in the House” Challenge?

To complete the Challenge, participants need to complete SIX tasks - one task from each section PLUS The Great Camp In or Out Adventure!

When you have completed all the tasks, let your leader know and they will send your name and any photos to County Office via email, to receive a special certificate.

Adults can submit their own name and photos to County Office via email.

Programme Plans

- Complete an Activity Badge (one you do not have) at home that is relevant to your section or if you are a Leader or Young Leader, the section you lead with.
[Click here](#) for Beaver Activity Badges
[Click here](#) for Cub Activity Badges
[Click here](#) for Scout Activity Badges
- Participate in an online meeting with other members of your section (this can be at Group or District level)

Scouting around the World

- Learn to say the Beaver, Cub or Scout Promise in another language.
- Find out about Scouts in other Countries and the sort of activities they do that are different to UK Scouting.



Learning and Sharing

- Teach someone you live with something, a skill or craft, that you learned at a Scout meeting
- Ask someone you live with to teach you a new skill
- Complete one of the Scout Associations “Great Indoors” activities which can be found on their website:
www.scouts.org.uk/the-great-indoors
- Make a picture or collage of the favourite things you have done whilst being a member of Scouting. Then photograph and send to your leader, to send to County Office where it will be added to the online gallery on the Norfolk Scout website: www.norfolkscouts.org.uk

Communicate in the Community

- Make a Rainbow of Hope and display in your window
- Join in a “Doorstep Clap” to show support for the NHS and other key workers
- Communicate with someone facing isolation: (ensuring you keep appropriate distance to protect yourself)
 - Beavers / Cubs to draw a picture for an vulnerable relative or neighbour
 - Scouts / Explorers to write a letter to an vulnerable relative or neighbour
 - Network / Adult Volunteers deliver a thoughtful gift to an vulnerable relative or neighbour



Wellbeing

- Take 15 minutes each day to read a book (yes a real book) that you have never read before
- Do at least 30 minutes of exercise daily using one of the online exercise sessions available
- Prepare a balanced meal for your family:
 - Beavers to make 1 meal (with appropriate help)
 - Cubs to make 2 meals (with appropriate help)
 - Scouts to make 3 meals (1 of which is 2-courses)
 - Explorers, Networkers and Adult Volunteers to make 4 meals (2 of which are 2-courses)

And Finally...

The Great Camp In or Out Adventure

- Learn to camp in a different way – create either an inside den or set up a tent in your garden to camp:
 - Beavers / Cubs to camp 1 night
 - Scouts / Explorers to camp 2 nights
 - Network / Adult Volunteers to camp 3 nights

Photographs of pictures and collages together with any other photographs that you want to share of the Scout in the House Challenge can be sent (by a leader for U18's) to County Office via email to be uploaded onto a special feature on the Norfolk Scout website.

All Leaders - Please remember where activities involve online messaging, do refer to the Yellow Card and POR to ensure safeguarding is adhered to by all adult members of Scouting and please ensure photographic permissions are in place for any photographs submitted.