



Scouts in the Sky – Week 5

Norfolk Scouts Airlines Flight 2020 are pleased to take you to:

China and Japan

Facts about Japan and China

Japan is 10,924 miles from the UK and China is 8,197

Japan has over 100 active volcanos

Japan has the most vending machines anywhere in the world

In China every year is represented by one of 12 animals

Challenges for your time in China and Japan

Don't forget to upload pictures if you wish to our Facebook page –
Scouts in the Sky

TASK 1 : Make wish lanterns - In some cultures wishes are sent to the Gods, in the form of parcels or lanterns. In Japan people express their hopes & wishes by making water lanterns - that are sent up the river or stream when it gets dark



EQUIPMENT:

Coloured paper – cut into a square

Sellotape

Scissors

Tea lights and matches or a lighter (optional)

Washing up bowl/bucket/paddling pool (with water in it)

Felt tip pens

Small piece of cardboard

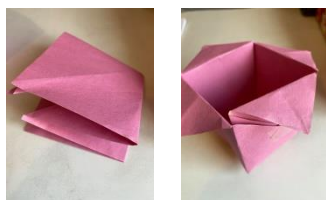
INSTRUCTIONS:

- **Take your square of paper and fold diagonally and open and fold the other way diagonally so there is a creased X**
- **The fold across and open up, and down and open up and you should now have 4 creases across the paper**
- **With the paper folded in half hold both bottom corners and push into the middle to make a square shape and flatten**
- **Take 2 side points and bring together and fasten with a piece of tape and repeat for the other side**
- **Put your hand in the top and open up to make a box shape**
- **Fold the top flaps down and this is where you write your wishes**
- **Cut a small piece of card and place in the base of the box and on it pop your tea light**
- **When it is dark light your tea light and let your lantern glow**

SAFETY INFORMATION:

Use scissors carefully and watch out for paper cuts

If using a tea light, light with a long lighter or long match and whilst alight must be supervised at all times



BADGE LINKS:

Creative

International



TASK 2: - Make your own Dragon Kite and fly it (whilst on an overnight stop to China)

EQUIPMENT:

Paper

Card

Tissue paper

Bin bags

Flower/garden canes

Tape

Scissors

Felt tips

INSTRUCTIONS

- **On paper first draw out a design for your kite – remember it needs to be shaped to fly**
- **Make up a frame for this first – flower/garden canes work really well, but anything you have around the house will work**
- **Make up your kite shape to attach to it with either paper, card, tissue paper or a bin bag works really well**
- **Add detail to make it into a dragon**
- **Attach the string securely to it**
- **Fly!**

SAFETY INFORMATION:

Please supervise younger children whilst using scissors

When flying the kites look out for low trees and cables and make sure the end of the kite's string is attached to something.

BADGE LINKS:

Creative

Model Maker



TASK 3: Visit the site of the now 2022 Olympics and have your own Olympic Games in your garden.

Option 1

Turn your garden into the most epic sporting moment event – set it up and then make a video of your own Olympic event – will it be skiing, long jump, table tennis or anything else you can re-create?

Option 2

Run your own Olympics in your back garden

EQUIPMENT:

Whatever you decide to do! – some ideas for you below

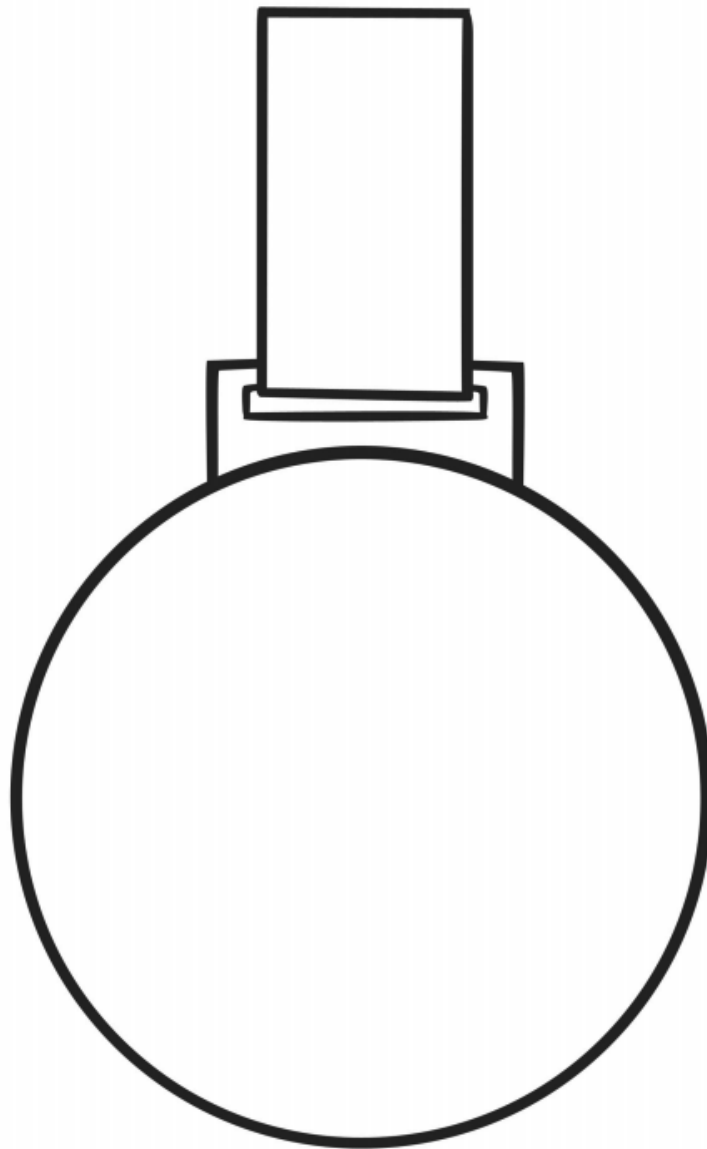
INSTRUCTIONS



Of course you need to make medals for the winners:



Design a Medal





Random Acts of Kindness - at every destination:

Can you do any of these this week?

- Paint a stone with a message and leave it to be found
- Draw a picture for an older person and deliver it
- Link up with a local care home and send them some drawings
- Send a postcard to someone you have not seen in a while
- Go out on a litter pick and tidy up your neighbourhood
- Do a job at home that someone else normally does for you
- Be kind to yourself – before you go to bed write down 3 things that give your happiness