



Scouts in the Sky - Week 4

Norfolk Scouts Airlines Flight 2020 are pleased to take you to:

Kenya

Facts about Kenya

Kenya is 4,350 miles from the UK

Lake Victoria is the worlds largest tropical lake and crosses into both Uganda and Tanzania

School children in Kenya can walk up to 3 hours to get to school each day and another 3 hours to get home.

Challenges for your time in Kenya

Don't forget to upload pictures if you wish to our Facebook page – Scouts in the Sky

TASK 1 : Make African Tribal masks using salt dough

EQUIPMENT:

- Makes 1 ball Prep 10 minutes
- Cook 3 hours
- 1 cupful of plain flour (about 250g)
- half a cupful of table salt (about 125g)
- half a cupful of water (about 125ml)
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INSTRUCTIONS:

- 1. Preheat the oven to its lowest setting and line a baking sheet with baking parchment.**
- 2. Mix the flour and salt in a large bowl. Add the water and stir until it comes together into a ball.**
- 3. Transfer the dough to a floured work surface and shape into your chosen mask. You can roll it out and then cut out pieces to decorate the mask, .**
- 4. Put your finished items on the lined baking sheet and bake for 3 hrs or until solid.**
- 5. Leave to cool and then paint.**



SAFETY INFORMATION:

**Please remind children that his type of dough is not edible
Please take care when baking**

BADGE LINKS:

**Creative
International**



TASK 2: Create your own African Drumming

EQUIPMENT:

Empty tins or similar

Balloons

Tape or elastic bands

Paper/card/glue for decoration

INSTRUCTIONS:

- **Empty the tin (make sure the top where the lid has come off has been made safe)**
- **Cut the neck of a balloon and stretch the big part over the tin**
- **Secure with tape or an elastic band**
- **Decorate the drum in African colours**

SAFETY INFORMATION:

Care to ensure the tin is made safe before attaching the balloon

Care with scissors and glue for decorating

BADGE LINKS:

Musician

Creative

Craft

International



TASK 3: Create your own lions mask and then take a virtual (or real) tour of a wildlife park

Kenya is one of the areas where the 'big 5' can be found (take a look online to find out more about this) -then make your own lion masks

EQUIPMENT:

Paper plates

String

Felt tips

Felt or wool or fabric

INSTRUCTIONS

Cut holes in the paper plate for eyes and a mouth

Decorate the plate to turn it into your own Lion

Make small holes at either side to tie string through

Wear your mask!

Then take virtual tour of a wildlife park online – you can find many of these all over the world, or take a visit to a local wildlife park and find out more about the 'Big 5'

SAFETY INFORMATION:

Care when using scissors

Ensure the holes for the mouth and nose are cut before wearing the mask

BADGE LINKS:

Creative

International

Animal lover





Random Acts of Kindness - at every destination:

Can you do any of these this week?

- Paint a stone with a message and leave it to be found
- Draw a picture for an older person and deliver it
- Link up with a local care home and send them some drawings
- Send a postcard to someone you have not seen in a while
- Go out on a litter pick and tidy up your neighbourhood
- Do a job at home that someone else normally does for you
- Be kind to yourself – before you go to bed write down 3 things that give your happiness