

## Norfolk Scouts Scout in the House Winter Challenge

We have been overwhelmed with the response to our Scout in the House Challenge created to keep people busy during lockdown earlier this year. We are in a different place now, but aware things are certainly not “normal” yet and so Norfolk Scouts is releasing a new Scout in the House Winter Challenge and NEW badge! The challenge is designed to help those who are not able to meet face-to-face or to fill the gaps between meetings to support blended programmes. PLUS you can still take part if you already achieved the original Scout in the House – bonus! How many Beavers, Cubs, Scouts, Explorers, Networkers and Adult Volunteers will join in the Scout in the House Winter Challenge?

To achieve the Challenge, you need to complete SIX tasks - one task from each section including The Great Camp In or Out Adventure (if you completed the original Scout in the House challenge, then your chosen activities need to be different from last time). When you have completed the six tasks, let your leader know and they will send your name and any photos to County Office via email, to receive a special certificate and NEW free badge. Adults can submit their own name and photos to County Office via email.

### Programme Plans

- Complete an Activity Badge (one you do not have) at home that is relevant to your section or if you are a Leader or Young Leader, the section you lead with. Look at activity badges for all sections by [clicking here](#)
- Take part in an online meeting with other members of your section (this can be at Group or District level)
- Take part in a face-to-face meeting with your section as meetings re-start in your Scout Group

### Scouting around the World

- Learn to say the Beaver, Cub or Scout Promise in a language you have not learned to speak before
- Find out about Scouts in other Countries and the sort of activities they do that are different to UK Scouting
- Make contact with Scouts from another Country



### Learning and Sharing

- Teach someone you live with a skill or craft, that you learned at Scouts OR learn a new skill yourself from another person
- Complete one of the Scout Association’s “Great Indoors” activities which can be found on their website: [www.scouts.org.uk/the-great-indoors](http://www.scouts.org.uk/the-great-indoors)
- Create a piece of environmental art in your front garden or in a local park to cheer people up who walk by

### Community Connection

- Communicate with someone facing isolation: (ensuring you keep appropriate distance to protect yourself) Choose to either draw a picture, write a letter or make a gift for a vulnerable relative or neighbour
- Find out about a local charity or organisation who helps people affected by winter conditions and do something to help people who are homeless and vulnerable at this time
- Write a letter or draw a picture as a “thank you” for your teacher or another person who is helping you

### Wellbeing (complete for 4 weeks)

- Spend two hours a week reading a new book – this can be done in small chunks
- Do at least 30 minutes of outside exercise daily – this exercise can be new or build on an existing exercise plan
- Cook at home weekly and share the food with other members of your family
- Listen to a podcast or use a wellbeing App every day
- Become a Scout Association “Well Being Champion” info can be found by [clicking here](#) to access the website (this option must be supported by Leaders and/or parents)



### And Finally...

#### The Great Camp In or Out Adventure

Learn to camp in a different way – create either an inside den or set up a tent in your garden to camp on your own or “with” your Scout group during a virtual camp.

Send photographs that you want to share of your Scout in the House Winter Challenge (via a leader for U18’s) to County Office to be uploaded onto the special page on the Norfolk Scout website.

View the list of achievers so far by [clicking here](#).

Leaders - Please ensure photographic permissions are in place for any photographs submitted and encourage your Section members are access the internet safely. View the Scout Association guidance by [clicking here](#).